

Silent Voices
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HeartBeats
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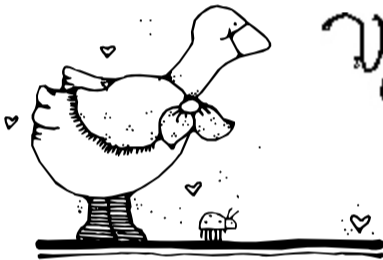
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355 K St, #H
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Newsletter-
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Walk For Life 2005

THANKS to EVERYONE who participated in this year's Walk!
We had LOTS of fun - and raised just what the
Lord knew we needed!



SPECIAL THANKS go to -
Two Home Bible Study Groups from Paseo del Rey Church
for supplying the food and lots of help -
Mimi's Café in Mission Valley
for providing 8 dozen muffins -
Horizon Clown Ministry for "sending in the clowns!"



You've got a
friend...

Bridges

To Motherhood

The young girls who are participating in our Bridges to Motherhood program are learning all kinds of things - things that will not only help them become better mothers, but also better/healthier women in general. This particular group seems to be more interested in applying themselves and really learning something from the meetings, which is a nice change. There have been times when we've felt that they were only coming for the free "stuff" they get from us. This group, though, really wants to learn, and we want to teach them!

We've lived without the space to "grow" this program since we had to give up one of our suites last year. A suite has become available upstairs, and we've decided to lease it for the Bridges program, which will mean that more girls can attend. We also plan to start offering classes on two additional nights/month - but only if we have the volunteers to help!

This second class will teach things like fertility appreciation/awareness, building healthy relationships, and character development. We've purchased some new materials for these classes, and are excited to be able to offer them to our clients. We're also hoping to develop an alternative "sex ed" program for those students whose parents don't want them to take the classes provided in public schools.

We know that if you come to a Bridges meeting and meet our moms, you'll want to come back! They really need godly guidance - and they're looking for it. This is an awesome way to be a role model! PLEASE consider volunteering - it's only a few nights a month!

Let His light shine

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Book Report

We want to share part of a book report submitted by one of our Bridges mothers - it will show you that we can (and are!) making a difference! (We did not correct grammar or spelling.)

"This book (On Becoming Toddler Wise) taught me lots of valuable stuff, for me being a first time mother came very hard and confusing to me. Especially when it comes to disciplining my toddler. I would just yell and sometimes spank. It came to a point where nothing worked. As I read this book it taught me valuable morals as a parent. As I put a routine for my child he wasn't as bad behaved as he use to when he didn't have nothing to do. 'A routine enhances good organization, time management and provides order!' In other words, making parenting easier.

'Forming a foundation for my child is very important. This foundation consists of giving your child a direction in life, spiritually, academically, especially moral training which helps me as a parent know how to lead him.

'God has opened my eyes to see how much children are a blessing. Many parents don't see that our children came to this earth to be raised by us to serve him.'"

WOW!